

Orthopaedic Scoring System

Attached is a scoring system to help assess referrals to orthopaedics for hip and knee arthroplasty. It has been trailed in a number of local practices and is likely to become the standard assessment.

I thought we might like to have a look at this at this early stage, as it appears to be a useful tool.

The scoring system is a score out of 115. The lower the score the more pressing the need. A score of below 60 is considered as in need of arthroplasty and hence referral. A score of below 40 is viewed as having left things a bit late, and so the patient may not be able to gain the full advantages of joint replacement.

CNDRH
Hip and Knee Arthroplasty - Referral Protocol

General Details	Date
Social Status Care Home / Lives Alone with Partner / Partner & Family / 1' Wage Earner	
General Health Good / Cardiac / Respiratory / Neurological / Vascular / Endocrine / Spinal	
----- -----	
Hip / Knee	Right / Left / Bilateral
Diagnosis	Rheumatoid / Osteo / Post Traumatic / Dysplastic / Infection / Other
Site of Pain	Groin / Buttock / Thigh / Prepatellar / Medial / Lateral / Other
Radiographic Changes	Severe / Moderate / Mild / None
Duration of Symptoms	< 3 months / 3-6 months / 6-12 months / 1-3 yr / > 3 yr
Treatment Athroplasty	Injection / Medical / Physiotherapy / Osteotomy / Arthrodesis /
Current Analgesic Requirements	
----- -----	
Night Pain	Every Night / Most Nights / Occasionally / Never
-----	0 5 10 30
Pain Constant / On Standing / Limited Activity / Settles after resting / Improves with activity / No pain	
-----	0 10 20 30 40
45	
Walking Distance	Nil/Housebound / <100 Metres / up to 0.5 mile / Unlimited
-----	0 2 5 10

Walking Aids	Bed/Chairbound / Two Sticks / One Stick Always / One Stick Outside / No Sticks	-----	0	2	5	7	10	
Gait	Unable to walk / Few Steps / Gross Limp / Moderate Limp / Slight Limp / Normal	-----	0	2	3	5	10	15
Function	Hosiery _____ Toenails _____ Stairs _____ Washing _____ Chairs _____							
	Requires Help / With Difficulty / Manages Easily		0	4	5			
Function	-----						Sub Total for	
	-----						Total	