

CHICKENPOX, SHINGLES AND PREGNANCY

1. At antenatal appointment take a history and give advice to those who have not had chickenpox about avoiding contact but seeking medical advice if they are in contact with a case.
2. Significant exposure* to VZ in pregnancy
 - a) If woman has positive history of chickenpox/shingles or VZ antibody positive – No action.
 - b) If woman has no previous evidence of immunity.
 - ◆ Rapid VZ antibody test
 - Test positive – No action
 - Test negative – 100 mg VZIG by intramuscular injection as soon as possible and no later than 10 days after exposure . – Phone 0208 200 6868 to get it, or from local Public Health Laboratory at Northern General Hospital Tel: